



June the month dedicated for Yoga saw 15 (7) volunteers getting in touch with their inner peace in a 10- day yoga camp held at the college, from 12 June onwards. The month of June came to a successful, almost healing close with 87 (33) volunteers enjoying the craft of Yoga with their family on 21 June 2023, in light of the International Yoga Day.



**INTERNATIONAL YOGA DAY** 







The unit organized an activity of paper bag making on the occasion of World Paper Bag Day. This was followed by a cloth donation drive on 13th July at JJ Colony. Around 27 volunteers participated in the activity which made it a successful event.



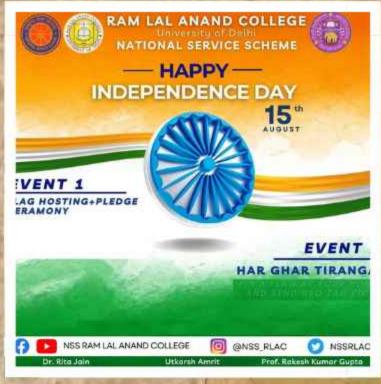


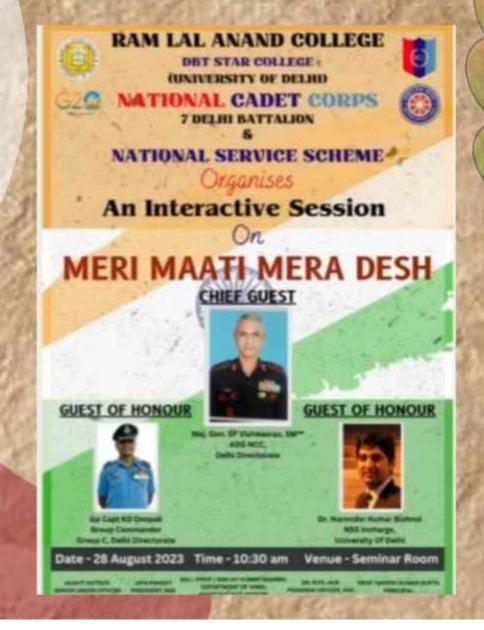
FLAG DISTRIBUTION DRIVE



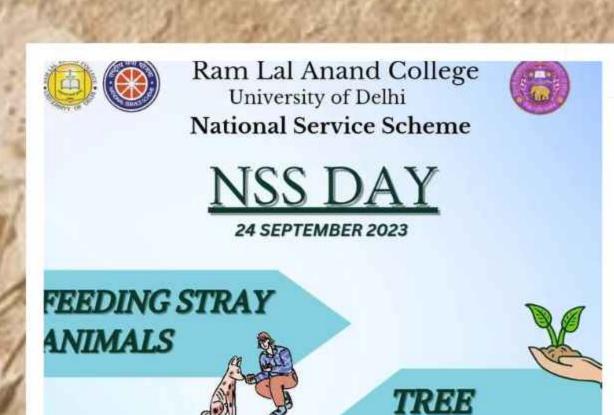
The NSS unit celebrated the day of freedom with great zeal and pride. A total of 24 members attended the flag hoisting ceremony and took the voter's day pledge. This was followed by a flag march. A Group of 21 volunteers marched to South campus chanting slogans of patriotic zeal and love for the nation. Flag distribution was done among the children in nearby localities with the idea of Har Ghar Tirangaa. On August 28th the NSS unit along with NCC organized an event in line with PM's Meri Mati Mera Desh. This was attended by 46 volunteers. The event also saw the screening of Chandrayaan's successful landing on the moon.







### SEDIEMBER



Send your entries at @nssrla.du@gmail.com by 11.59 pm (24 September 2023)



Dr. Anurag Sharma

NSS Ram Lal Anand College O @NSS\_RLAC NSSRLAC





**PLANTATION** 

Harshdev Singh Prof. Rakesh Kumar Gupt





वस्थव कुर्म्बकम ONE EARTH . ONE FAMILY . ONE FUTURE

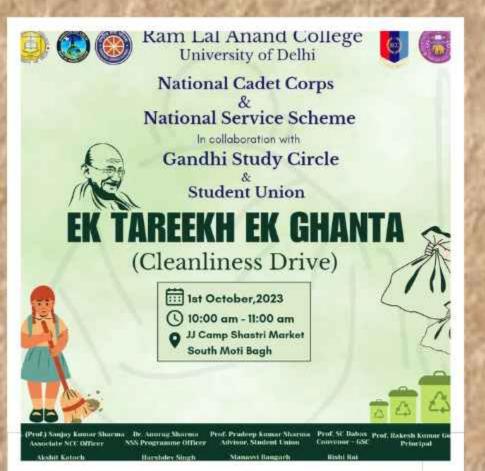
In September 2023, the NSS Unit, RLAC, keeping up the spirits of unity and discipline collaborated with the NCC Unit and organized a campus cleanliness drive in honor of the G20 Summit in New Delhi. 56 volunteers participated in the activity fostering the sense of responsibility and commitment. A 5km Red Run for AIDS awareness, organized with DSACS, saw 70 NSS volunteers participating, achieving notable positions. The NSS unit successfully concluded the G-20 University Connect Finale, interacting with Prime Minister Narendra Modi. Additionally, they actively participated in the 15-day Swachhta Hi Seva campaign, conducting cleanliness drives and engaging over 175 volunteers. The volunteers actively participated in the online events of feeding stray animal and tree plantation with 12 and 17 volunteers respectively engaged in the good cause.





### OCIOBER

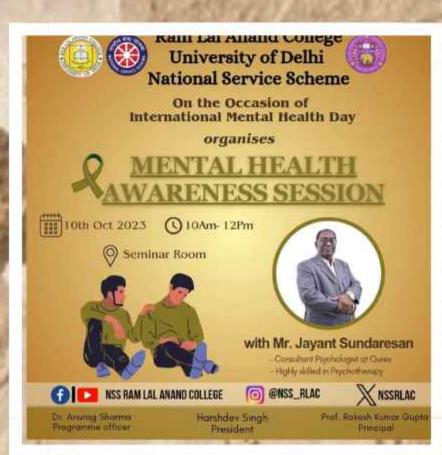


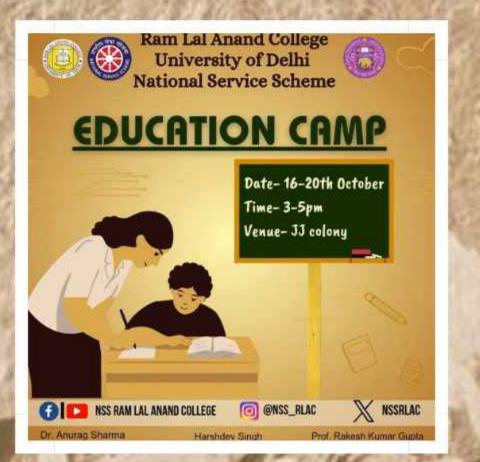


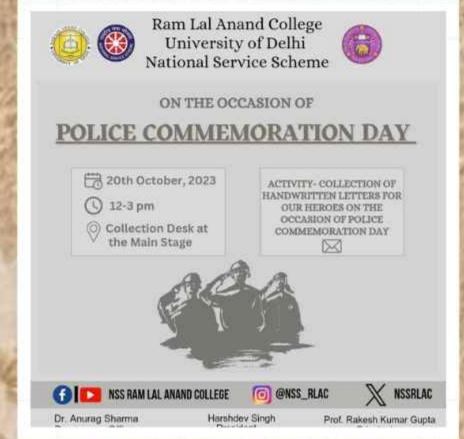


Ram Lai Anand College









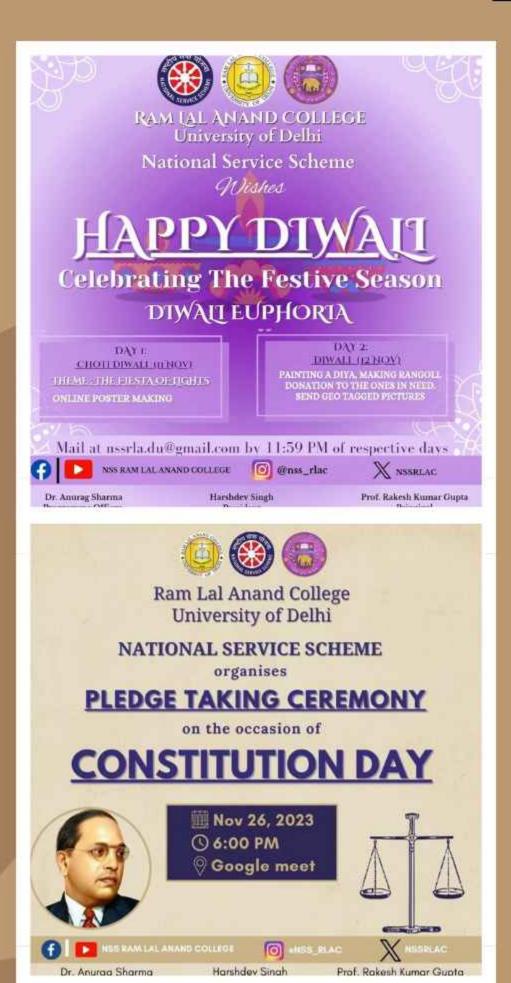


In October 2023, the NSS volunteers displayed unwavering enthusiasm in a series of impactful events. Initiating the month with "Ek Tareekh Ek Ghanta," 60 volunteers contributed to the Swachhata Hi Sewa Campaign. The occasion of Gandhi Jayanti featured an online Poster Making Competition engaging 80 volunteers. A 3km Plog Run on October 3rd emphasized fitness and wellness, with 88 volunteers promoting a healthy lifestyle. The three-day Kalash Yatra aimed at national unity saw 75 participants. A Mental Health Awareness Session on World Mental Health Day involved 120 volunteers. A five-day Education Camp from October 16-20 focused on social impact in which around 57 volunteers took the initiative for good and Police Commemoration Day on October 21st included "Handwritten Letters to Our Heroes" which saw the writing and thoughts of 23 volunteers. Khadi Mahotsav on October 27th celebrated cultural significance with 95 enthusiastic volunteers participating. National Unity Day on October 31st featured a "Digital Poster

Making Competition" which saw participation



#### NOVEMBER









In November 2023, NSS volunteers showcased commitment to community development and awareness through various events. A Material Donation Drive from November 6 to 8 saw 83 volunteers donating necessary items to benefit those in need. Diwali Euphoria, a two-day event, featured a Digital Poster Making Competition and virtual activities spreading festive joy which saw participation of 17 volunteers. International Student's Day on November 17 saw over 15 volunteers sharing messages on resilience and learning. An Open Mic Ceremony on celebrating the rights of the nation involved 34 speakers, emphasizing commitment to democracy. Constitution Day featured a Virtual Pledge Taking Ceremony with 84 volunteers, fostering unity and commitment. The month concluded with an awareness session on World AIDS Day, themed 'Equalise: End the <mark>Stigm</mark>a and Discrimination,' attracting 121 participants and featuring guest speaker Mr. Rohit Sarkar from India HIV AIDS alliance.

## BERIBER

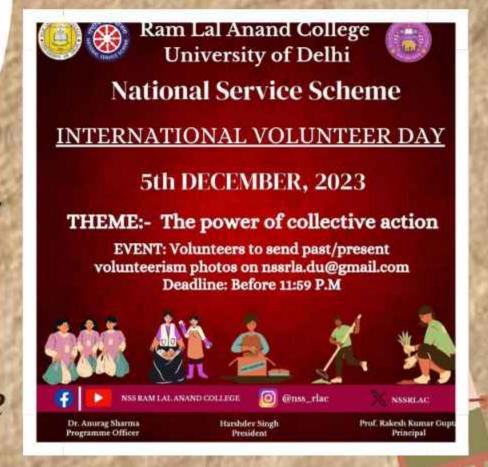
#### PAINTING COMPETITION ON WORLD'S AID DAY





In December, various cultural and religious celebrations took place, including Christmas Day on the 25th and New Year's Eve on the 31st December. Keeping in mind the crucial time of examinations, most programs were held virtually. On December 1st, a painting competition was held on World AIDS Day, themed "Remember and commit," with 30 volunteers participating. For International Volunteers Day, 61 volunteers, including 34 females, shared pictures of the service done by showcasing volunteerism under the theme "Power of collective action." Additionally, on December 23rd, an activity was organized under 'Nasha Mukt Bharat Abhiyan,' engaging 31 volunteers, including 17 females, through short videos and slogan singing to raise awareness about drug addiction. These events aimed to raise awareness about important societal issues among the youth.





#### JANUARY







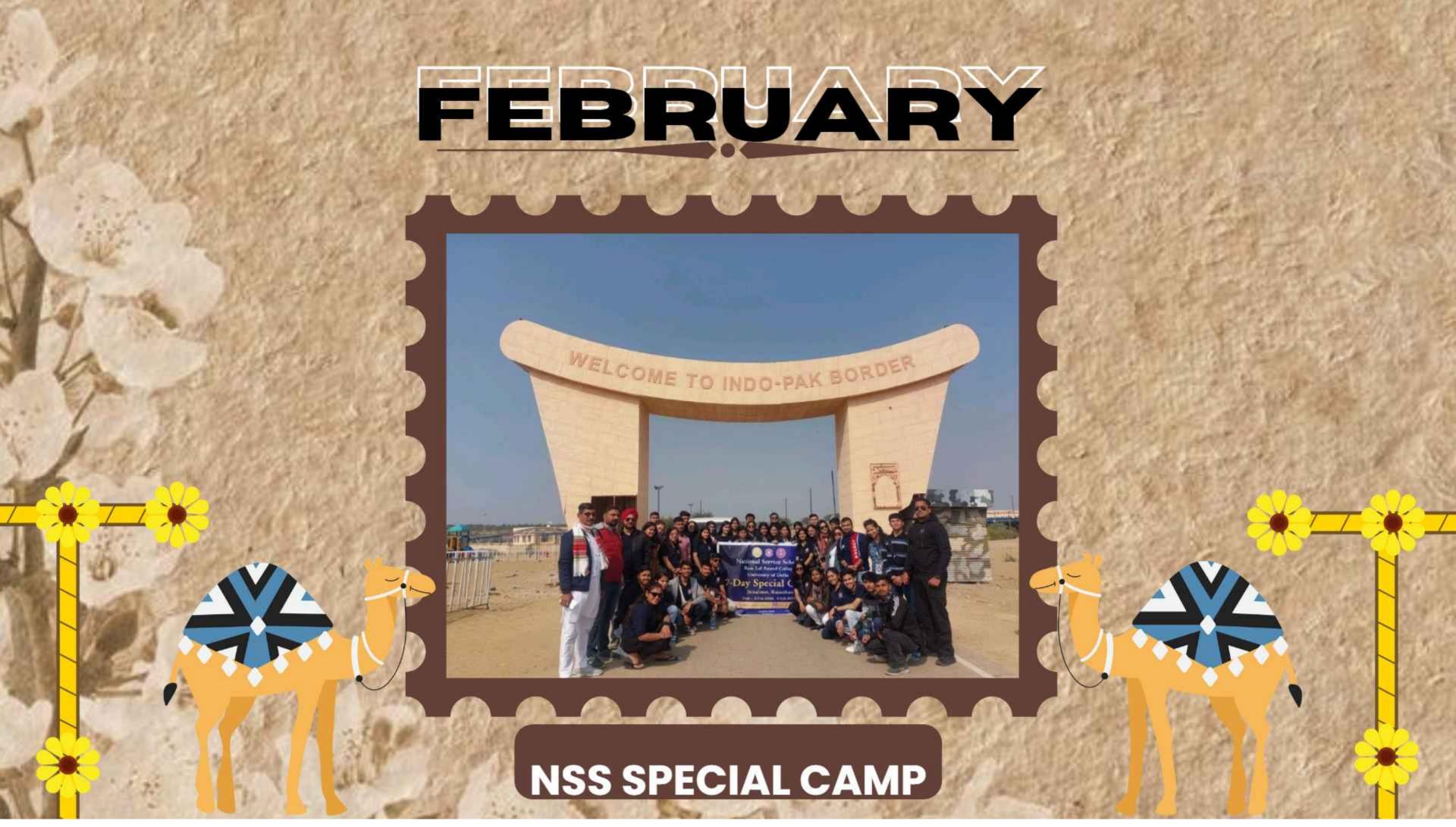








With the beginning of a new year the NSS unit was vibrant with action, reflecting a renewed commitment to service and social impact. The month began with the National Youth Festival, where the President of NSS RLAC Unit represented the college in Nashik, Maharashtra, engaging in cultural events, workshops, and panel discussions on themes like youth leadership and social entrepreneurship. This was followed by the celebration of National Youth Day on January 12th, marked by an online elocution competition on the theme "Its all in the mind," with 20 volunteers participating. Another significant event was an awareness program on HIV/AIDS on January 19th, which successfully reached a broader audience with participation of 14 volunteers. The NSS unit also organized a Collection and Distribution Drive from January 22nd to 24th on the occasion of National Girl Child Day, collecting and distributing essential items for young girls at JJ Colony in which various essentials were collected by over 57 volunteers. The month concluded with an Awareness Drive and Pledge Taking Ceremony on National Voters day, January 25th, where 60 students pledged to cast their votes, contributing to the nation's democratic process. These events not only showcased the NSS unit's dedication but also made a meaningful impact on the community, aligning with the program's core objectives of social service, personality development, and youth leadership.



#### EEBRUARY



Ram Lal Anand College University of Delhi



NATIONAL SERVICE SCHEME **Organises** 

STRAY ANIMAL FEEDING DRIVE

25th FEB, 2024

Send the geo-tagged pictures by 11:59 pm at nssrla.du@gmail.com







@nss\_rlac

President

Harshdev Singh Prof. Rakesh Kumar Gupta Principal

NSSRLAC









RAM LAL ANAND COLLEGE UNIVERSITY OF DELHI NATIONAL SERVICE SCHEME **ORGANIZES** 

VOTER AWARENESS CAMPAIGN

MYBHARAT PORTAL REGISTRATION HELP DESK







10:00AM TO 3:00PM

- · You can register yourself at mybharat portal and also in voter id portal
- · All student Youth ( between the age group 15 to 29 years ) Can register as
- My Bharat is an online Youth Leadership and Social Engagement Platform that aims to empower and engage youth to become leaders and active citizens

For further queries, contact undersigned Electrol Campus Ambassadors: Animesh: 7460968742

Mangla: 8439983293

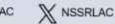
SCAN TO REGISTER YOURSELF

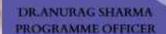




NSS RAM LAL ANAND COLLEGE







HARSHDEV SINGH PRESIDENT

PROF.RAKESH KUMAR GUPTA PRINCIPAL

The National Service Scheme Unit RLAC was on a 7 Days Special Camp in Jaisalmer, Rajasthan, aimed at instilling voluntarily community service and teamwork among the volunteers. Led by Dr. Anurag Sharma and faculty support from Dr. K<mark>uldeep Singh, Dr. Pratima Negi, and</mark> Dr. Reena Kasana, along with 40 volunteers, the camp blended community service with cultural exploration. The camp commenced with the unit's visit to government schools in village Sonhnu and Ranao with volunteers engaging with students and discussing future amb<mark>itions. They interacted with working women in</mark> Tanot village, uplifting rural livelihoods. Volunteers visited the Indo-Pak Border and interacted with BSF personnel. The visit to Longewala War Memorial was an enriching experience. Visits to Kuldhara and Damodara villages in order to identify the problems and collect data of the same was fruitful. A cleanliness drive beside the lake near village Damodara was also conducted. Volunteers cleaned the portion of sand dunes they visited and experienced the rich mu<mark>sical culture of Rajasthan at Sam. A survey in A</mark>marsagar village aimed at identifying the major issues related to education, livelihood, and health status was conducted. Interactions with Border Security Force personnel at the Jaisalmer Headquarters provided insights into national security.

Survey at the refugee colony and interaction with refugee families gave fruitful information regarding the problems of border areas. Volunteers interacted with specially-abled children and engaged them in various learning activities promoting understanding among themselves. Outdoor activities like volleyball helped in fostering bonds with the cooperative Hostel students. The camp concluded with cleanliness drives near Maheshwari Seva Sadan and Gadisar Lake showcasing the core objective of NSS. The unit then visited Jaisalmer Fort and attended the light show at Gadisar Lake. The camp aimed at blending service with cultural immersion had a positive impact on volunteers. A special desk was organized in the college on February 15, 2024, facilitating 124 student registrations on the Bharat Portal, promoting digital engagement. It focused on assisting students without a voter ID card, showcasing an inclusive approach. Through extensive promotion and with the help of dedicated volunteers, the drive raised awareness and encouraged active participation in digital governance. Moving forward, sustaining momentum and collaborating with governmental bodies are key for enhancing digital inclusivity and access to services. A Stray Animal Feeding Drive was conducted on February 25, 2024. The event included participation of 35 volunteers, aimed <mark>at providing basi</mark>c care for stray animals and encouraging

volunteer involvement.





## Ram Lal Anand College



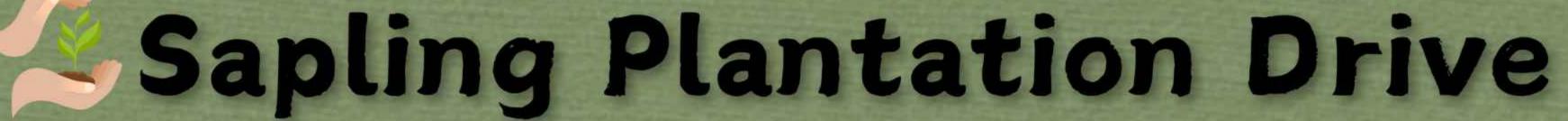
University Of Delhi

## March Report NSS EVENTS 2023-2024









The first event of the month which was organized by National Service Scheme of Ram Lal Anand College was Sapling Plantation Drive on 3 March, 2024. This event was aimed to return something back to the nature. The volunteers were asked to send their geo-tagged pictures with plant saplings. A number of 8 volunteers sent their pictures for the event.



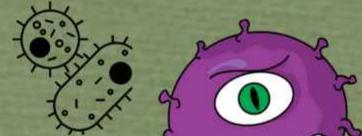


# Lymphatic Filariasis Awareness Drive



Second event of this month was Lymphatic Filariasis Awareness Drive. The event was held across multiple locations: Basant Gaon, Satya Niketan, and Moti Bagh on 4, 5, and 6 March, 2024. The volunteers were asked to make posters also. A total of 37 volunteers participated for the good cause. The drive aims to spread awareness among the people about this disease.







# Seminar On Water Conservation



The NSS unit of RLAC followed up their active January with a seminar on water conservation on March 8th, 2024. The session was led by Mr. Ram Kishor Singhal, a retired additional chief manager in Delhi Jal Board, who brought his expertise to the discussion. The event succeeded in reaching a broader audience and taught new ways to conserve water effectively. The event was attended by a total of 57 volunteers who listened to this amazing informative session.

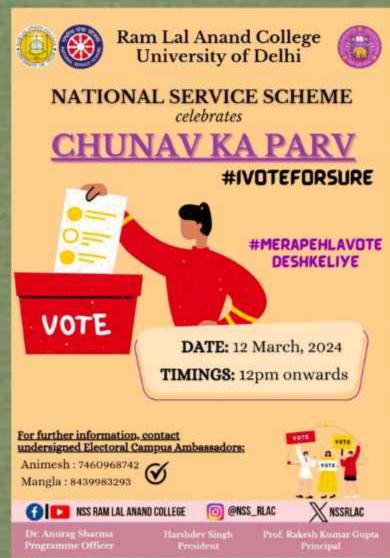






## Voter Education Event

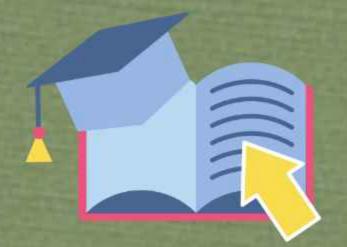




In the spirit of "Chunav ka Parv" (the Festival of Elections), the NSS Unit of RLAC organized an voter education event on March 12th, 2024, starting at 12:00 P.M. The event utilized audio-visual methods to guide students on the voting process. Additionally, a help desk was set up by ECI(Election Commission of India) training students on working of evm and vvpat on campus to assist them on their first vote. A good amount of around 52 students experienced the use of voting matchine andvote got informed about its working.

VOTE

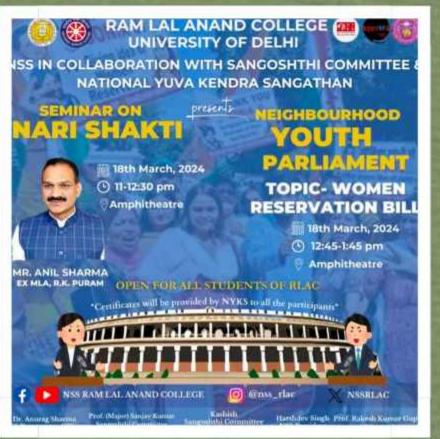
Your vote matters



## Seminar & Youth Parliament







The NSS Unit of Ram Lal Anand College (RLAC), in collaboration with Sangoshthi: the Seminar Committee of RLAC organised a seminar & youth parliament on the topic "Naari Shakti."The program began with the seminar lead by Shri Anil Sharma, a distinguished former MLA from R.K. Puram. From 1:00 PM to 2:00 PM, a youth parliament which focused on the Women's Reservation Bill took center stage. This interactive session empowered participants to engage in constructive dialogue, exchanging ideas about the bill's implementation and its potential impact. Around 60 volunteers took part in the event. This youth parliament was judged by members of NYKS (Nehru Yuva Kendra Sanghatan) who later awarded the winners as well as participants. Later a quiz was also organised by NYKS and winners were awarded for the same.

## Quiz Competition

?

The National Service Scheme Unit of Ram Lal Anand College took a stand for child protection by organizing a captivating Quiz Competition on March 27th, 2024, starting at 6:30 PM. The quiz delved into the important themes of the POCSO Act, offering participants a chance to test their knowledge and gain valuable insights. This online event was conducted on Mentimeter, making it accessible for all interested volunteers. Around 17 volunteers took part in this online event. It provided a valuable opportunity to learn, engage, and champion child safety.









#### APRIL ANNUAL REPORT



# EDUCATION CAMP



The National Service Scheme (NSS) unit of Ram Lal Anand organised an education camp for the needy children from 2-12 April,2024. It was a ten day camp where over 90 volunteers (12 each day) from the unit went to JJ colony, Moti Bagh with the aim to promote learning and education. The camp focused on providing educational support to underprivileged children.

During the camp, NSS volunteers conducted daily interactive sessions on various subjects, played educational games, held storytelling sessions and joke-sharing with children to make learning fun and captivating experience for them.

Overall, the education camp proved to be a profoundly rewarding experience not only for children but also for the volunteers who participated.



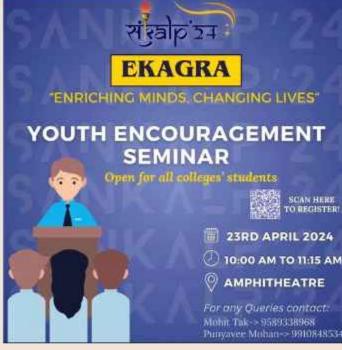


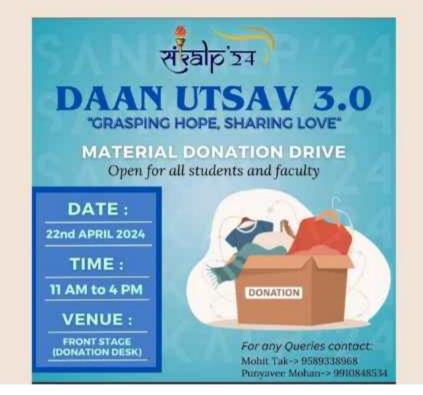


## SANKALP'24

Ram Lal Anand College was transformed into a vibrant tapestry of colours, energy, and enthusiasm as Sankalp'24 took centre stage on April 22 & 23. The two-day extravaganza, organized by the National Service Scheme (NSS) Unit, RLAC served as a platform to showcase the diverse talents of students and faculty while fostering a strong sense of community spirit. We had various kinds of events covering like Nritya Taranhini, Cultural Dance Competition, Quiz Competition etc. Sankalp'24 also exemplified the spirit of community, creativity, and social responsibility, leaving a lasting impact on all who attended by organising a blood donation camp (donation by more than 21 volunteers), daan utsav (donation by more than 43 volunteers) and a seminar on youth encouragement (attended by more than 84 volunteers).







#### MAY ANNUAL REPORT

The National service Scheme (NSS) Unit of Ram Lal Anand College, University of Delhi, on collaboration with Zigly Foundation, conducted an Awareness Session on 4th May ,2024. The session was conducted on Google meet at 7 PM. The Awareness Session was on "Responsible Pet Parenting".

The webinar talked about the fact that being a pet parent means being responsible for another living being. They need to be fed, walked, cared for, and loved every day. Pets bring joy and companionship, it only makes sense that we would want to give them the best care possible and view them as members of our family.

The session was joined by around 31 Students and it turned out to be a very fruitful session where students and the speaker interacted with each other and shared their experiences with their pets.



#### RESPONSIBLE PET PARENTING

### INTERNATIONAL YOGA DAY &



This International Yoga Day, on 21st june, the National Service Scheme (NSS) Unit of Ram Lal Anand College, University of Delhi, invited all its volunteers to be a part of the Yoga Camp being organized by the Yoga and Meditation society of our college. It was conducted on 21st June ,2024 from 07:30 AM to 08:30 AM at Front Lawn in the college Campus. Around 28 volunteers joined the camp.



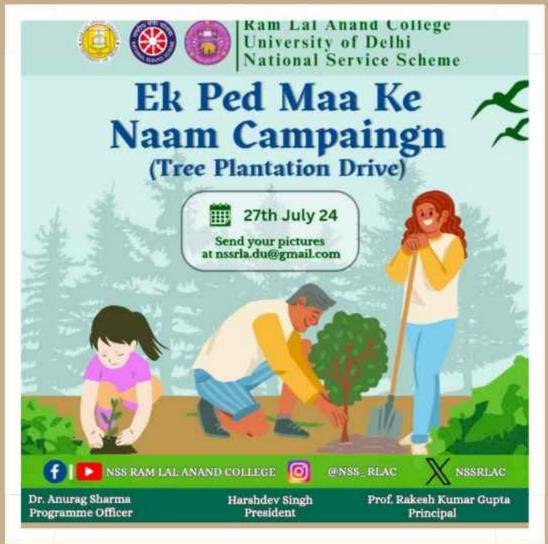


Yoga day was also celebrated at Delhi University. Approximately 10 to 12 students attended the Event. Reporting time was 5.30 AM. Programme started at 6 AM. Shri Dharmendra Pradhan ji was the Chief Guest. Shri Manoj Tiwari was the Guest of Honour for the Event. The event was conducted at Multipurpose hall, North campus.

## TREE PLANTATION DRIVE

Tree/sapling plantation is a noble work, it is noble effort towards saving the nature is to stop the human-caused calamities. With the aim to contribute our part towards the conservation of the environment, under the "Ek Ped Maa Ke Naam" campaign launched by the Hon'ble Prime Minister of India, the National Service Scheme Unit of Ram Lal Anand College organized a tree plantation drive. It was conducted on Saturday, 27th July 2024. All volunteers were required to participate in the plantation drive and mail their geo-tagged pictures. Around 12 volunteers mailer their pics for the drive and the event was memorable to showcase the importance of conserving environment.

### JULY ANNUAL REPORT











## KARGIL WAR



Commemorating the \*Kargil Vijay Diwas\*, the \*National Service Scheme Unit\* of \*Ram Lal Anand College\* organized an online Poetry and Letter Writing competitions. The Event was themed on Martyrdom. It conducted on 28th July 2024. Students submitted thier poetry and letter via email. Both entries, poems and letters, were judged separately. We got around 16 entries from the volunteers in the form of poems and letters and the event turned out to be a great success and a memorable one.



#### KARGIL VIJAY DIWAS

On that dark right,
When the whole country calmly slept,
In the silence of those cold winters.
Those brave men slewly crept,
Loaded with ammunitien,
With only one ambition,
of taking back, once to the country which belonged,
Leaving behind their kith's and kins,
To preciaim victory was all what they longed.

Taking their positions, with the country's thought,
The posts were so silent,
So nervous were the soldiers,
But as the silence broke in hoste,
Their nervousness disappeared,

Their teamwork, Their compassion. Bravery and determination. Paved their path towards victory.

Three months the battle lasted,
The year was nineteen ninety nine,
The Indian soldiers were so devoted,
The battle one day had to resign.

They laid their lives for the nation's glory, Their families cried and the whole country was corry.

They proclaimed Tiger Hill.

The pride of Kargil,

so, in their honour kargil day is celebrated.

Salute to the Real Heres -